

# Clinton Township School District

## *Plan for Chapter 27 Emergency Virtual or Remote Instruction Programs*

*2023 - 2024 School Year*



Dr. Melissa Stager, *Superintendent*

Dr. Gretchen Dempsey, *Business Administrator*

### **Administrative Team**

Mr. Carl Blanchard, Director of Curriculum, Learning & Grants

Mrs. Jennifer Paccione, Director of Special Services

Mr. Luke Mason, Clinton Township Middle School Principal

Mrs. Christina Sanchez, Clinton Township Middle School Assistant Principal

Mrs. Mary Postma, Round Valley School Principal

Mrs. Melissa Goad, Patrick McGaheran School Principal

Mrs. Stephanie Rosa, Supervisor of Special Education and Instruction

Mrs. Joanne Filus, Supervisor of Instruction, Data & Assessment

### ***Clinton Township Schools***

***128 Cokesbury Road, Lebanon, NJ 08833***

***908-236-7235***

Approved by the Clinton Township Board of Education

August 14, 2023

## **GUIDANCE:**

### **Introduction:**

Clinton Township School District will open the 2023 - 2024 school year with an in-person model of instruction. Identifying the opening plan has been the first priority as is the health and safety of our students. The District will maintain emerging information as it relates to data to guide us with immediate decisions.

This document contains plans for Virtual/Remote Instruction, should the district be required or compelled to be remote and offer instruction through a virtual platform. Remote Instruction will occur per the NJDOE in the event that our district must close the schools for more than three consecutive days, due to a declared state of emergency, a public health emergency or a directive by the appropriate health agency or officer, to institute a public health related closure. As before, the identification and notification of essential employees will be the first step in this process. Notification will take place per our communications methods, outlined below.

This plan addresses the needs of all our students as individuals and identifies the needs of our faculty and staff. All students in the school district have been issued a device for instructional use. A review of device needs and access to the Internet was completed recently and all families have access and devices. The district provides for technical support for families, students, and staff through a tech ticket system to manage and monitor technology inquiries.

At the time of this report, our remote instruction plans maintain the full day schedule for instruction that currently exists.

Per the NJDOE, the following applies to this remote instruction plan:

- If a program of virtual or remote instruction is implemented for the general education students the same educational opportunities shall be provided to [the special education students, to the extent appropriate and practicable. Speech language services and counseling services may be delivered to special education students through the use of electronic communication or a virtual or online platform, as appropriate] students with disabilities.
- Special education and related services, including speech language services, counseling services, physical therapy, occupational therapy, and behavioral services, may be delivered to students with disabilities through the use of electronic communication or a virtual or online platform and as required by the student's Individualized Education Program (IEP), to the greatest extent practicable.
- In the event that the State or local health department determines that it is advisable to close or mandates closure of the schools of a school district due to a declared state of emergency, declared public health emergency, or a directive by the appropriate health agency or officer to institute a public health-related closure, the superintendent of schools shall have the authority to implement the school district's program of virtual or remote instruction.
- The superintendent shall consult with the board of education prior to such decision if practicable. The superintendent shall ensure that students, parents, staff, and the board of education or boards of education are informed promptly of the superintendent's decision.

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## Goals

- To provide remote/virtual instruction in an equitable manner.
- To provide a virtual learning environment for all students and staff in the event of a district wide transition to remote/virtual instruction.
- To provide our entire educational community with health and safety standards beyond the minimum standards as identified by the CDC and with the mandated requirements and considerations as identified in guidance from the New Jersey Department of Education.
- To continue to provide our children with an environment that offers support for their emotional and social well-being and development.
- To be prepared to respond to all announced guidelines and emergent situations.
- To maintain information through continuous communication.
- To offer a structure to respond to the changing situations and current information by district, school and the individual members of our community.
- To ensure all health-risk safeguards, case by case, are equitable for individuals offering specific health risks.

## Required Information, Sections 1 through 5:

1. **Meals:** Meal distribution will be available through the district's contracted food service vendor. Lunch will be served in the school cafeterias at each building.
  - a. Routine cleaning between meals remains in place.
  - b. Should students require meals during remote instruction, this will be addressed. As in prior situations, delivery or pick up options will be coordinated.
2. **Schedule or Instructional Plan:** CTSD will maintain full day schedules during any period of remote instruction unless there is a scheduled professional development afternoon planned or another significant disruption to our schedules.
  - a. Building schedules are included within the plan.
  - b. Instructional Platforms that will be utilized are Google Classroom and SeeSaw. Students will attend virtual instruction using Zoom or Google Meet as the delivery method. The district has subscriptions for all of these programs.
  - c. Student emails have been opened for students to have email communication with the teaching staff.
  - d. Student **absences** are coded according to NJDOE guidance in PowerSchool. Policies are in place.
  - e. District policy provides additional time for turning in assignments and completing work when students are absent for vacation or non-illness related issues. (BOE Policy 5200)
  - f. Extra-Curricular activities/clubs will be in person. Any changes will be communicated.
  - g. Sports information will be updated and announced through the parent alert system.

- h. **Standardized testing** will take place as per NJDOE requirements as all students have a district issued device. NJSLA testing will take place during the 22-24 school year.
- i. **Benchmark testing** will take place as originally planned throughout the course of the school year. i-Ready and Literably are our benchmark platforms.
- j. Powerschool is our Student Information System, and typical grading structures will remain in place during both in person and remote instruction. Assignments, formative and summative assessments, alternative assessments, will all continue during in person and remote instruction, should that occur.
- k. NJTSS programs will remain intact during any period of remote instruction.
- l. Response to Intervention programs will proceed as normal during remote learning.
- m. Enrichment, Resource Room and Math and Literature Support programs will continue during remote learning.
- n. Online tutoring services will continue to be offered during remote learning
- o. ELL programs will be followed by the district ELL Instructor and address the needs of each child during their academic day, including the use of differentiated strategies and tools ensuring full implementation of the ELL program. The LEA will follow communication protocols, including those shown on page 6, to ensure appropriate lines of communication are maintained with families of ELL students.
- p. Meetings with parents (IEP, I&RS) as well as conferences, will take place in person or via a Zoom or Google Meet platform.
- q. In the event of a long term closure, the district will develop plans to clean and maintain the buildings to a “ready” status, which includes:
  - i. Custodial rotation schedules
  - ii. Routine cleaning and maintenance
  - iii. Required upgrades

**3. Digital Divide:** In recent years, the district took steps to survey and determine the need for district provided devices and Internet access for families. While many families opted to use personal devices, the district implemented a 1:1 device program. Internet access has also been surveyed showing that all families have access to the Internet through a variety of services.

- a. Device distribution takes place in September, for all students in grades Pre-K through eighth grade. Students received a device, case and charger.
- b. Instructional Materials will be sent home at the time of any notification of a school closure. In the event of an unanticipated closure, arrangements will be made to allow families to pick up materials at our buildings.
- c. Grant monies were procured through the NJDOE to address additional device purchases.

- 4. Communication:** Clear and consistent communications with stakeholders are vital to successful implementation. The superintendent holds regular meetings with community members to share information and provide feedback. Other communication tools include:
- School Messenger is the system used to provide alerts and notifications to families and faculty/staff.
  - Parents may request technical assistance through [parenthelp@ctsdnj.org](mailto:parenthelp@ctsdnj.org).
  - Staff may request technical assistance by submitting a ticket [here](#).
- d. Other communication tools are shown in the table below:

Type	When	Who	What
<b>School Messenger</b>	All alerts and timely information	Carlos Chaparro Kathy Fritsch	Surveys Alerts
<b>Email</b>	Respond to inquiries from parents and staff	Admin	
<b>Website</b>	Share information	Kathy Fritsch	
<b>Phone Calls</b>	Anytime personal touch is needed	Admin	Invites, responses to correspondence
<b>Clinton Township Newsletter</b>	Monthly	Superintendent & Building Principals	Keep Clinton Township community updated on school happenings
<b>Video conferencing/ Virtual Meetings</b>	As needed	All staff members	Meetings, instruction, small groups, socialization
<b>School Newsletters</b>	Weekly & Monthly	Building principals & Teaching Teams	Information updates

**School Counselors**

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Carole Frey [cfrey@ctsdnj.org](mailto:cfrey@ctsdnj.org)  
 Christina Giordano [cgiordano@ctsdnj.org](mailto:cgiordano@ctsdnj.org)  
 Greg James [gjames@ctsdnj.org](mailto:gjames@ctsdnj.org)  
 Kerry Mueller [kmueller@ctsdnj.org](mailto:kmueller@ctsdnj.org)  
 Alex Ruttenberg [aruttenberg@ctsdnj.org](mailto:aruttenberg@ctsdnj.org)

- 5. Professional Development:** The Clinton Township School District will provide the staff with opportunities for professional development, planning, and a guided review of the adaptive protocols within each school. The needs for each employee will be individualized to address accommodations and medical conditions. When making staffing scheduling and assignments, our District will comply with all applicable employment laws including but not limited to the American Disabilities Act (ADA), FMLA, Cares Act and Accountability Act (HIPAA), and all applicable state law. Consultation with the Clinton Township Educational Association and the Clinton Township Administrators Association has been completed.
- a. Staff training in SILAS, to address the social and emotional needs of students.
  - b. Staff Training in the Responsive Classroom approach to SEL, culturally responsive teaching and alternative learning and assessment methods.
  - c. Middle School training in the Lifelines, Suicide Prevention program.

### **Additional Considerations**

- **Attendance**

During any period of remote learning, attendance will be taken by the teachers. Teachers will record attendance in PowerSchool as present or absent or another appropriate code. Each building will monitor student attendance to meet requirements for the school year. Parents will be notified of an increase or noted pattern of attendance as needed. Procedures as related to reporting of students that are absent due to illness, will be followed. Absent students require notification to the school Early Alert system.

- **Grading**

Students will be graded during remote learning periods following a typical pattern that will include formative and summative assessment. Grades will be uploaded into PowerSchool and available to view through the Parent Portal. Assignments will have assigned due dates and follow district policy.

- **Special Education & Related Service Delivery**

As part of the District's plan to ensure the delivery of special education and related services to students with disabilities, we will continue to meet our obligations to students with disabilities to the greatest extent possible. Specific strategies and considerations for students with disabilities have been and continue to be critical points of discussion for every remote or virtual scenario. The District Response Team will continue to review information and guidance from the NJDOE and any additional guidance from the United States Department of Education (USDE) on implementation of the Individuals with Disabilities Education Act (IDEA).

All special education and related services continue to be delivered in alignment with IEP goals and objectives regardless of the instructional format meaning virtual or in person where applicable and allowable in alignment with Executive Orders and local decisions. Changes in schedules and groupings may vary when virtual instruction is in place. Individual student services will be reviewed and continually monitored by Child Study Team members, Special Education staff, and Administration in

collaboration with families of students with disabilities to ensure progress oriented and needs based plans. Child Study Team members are available during the school day via email or telephone. All timelines will be honored per CST processes. Parents will be notified of virtual meeting times.

Where permissible and in alignment with NJDOE and NJDOH health and safety guidance and procedures, during any virtual instruction period, the Clinton Township School District will make available in person services on an individual basis. When allowable, all mitigation measures to prevent the spread of illness will be utilized and may require additional measures per NJDOH and NJ DOE requirements. Local data, CALI scores, and orders by the State of NJ may prohibit the provision of any in person services for individuals with disabilities.

- **Mental Health**

One of the LEAs district goals in 2023-24 includes providing training on the use and implementation of Responsive Classroom. This training in addition to state-mandated PD on suicide prevention and equity and bias reduction, allows staff to implement culturally responsive teaching strategies to address the wide variety of learning challenges students may face.

- **Technology**

The District uses Chromebooks (HP, Acer & Dell) and has approximately 1300 devices in house at this time. The District also uses Ipads, tablets, MacBooks and assorted specific devices for use with pre-school children and for our related services providers and staff.

Each of our buildings has a bandwidth of 1 GB. Based upon a recent survey of families, 100% of our student households have connectivity. All students have devices for educational purposes.

The Tech department is responsible for Systems Management, led by Carlos Chaparro, Data Management, led by Kathy Fritsch and managing technology issues with Rebecca Soto and Ian Wolverton. The department also maintains the District subscriptions, SIS (Student Information System - PowerSchool) and maintenance of devices, sound field systems, the Tech Help Desk and responds to all staff and student technology issues.

The district maintains our regular school website as the main source of communication, a district Professional Development training site as well as an Internal staff website. Tutorials, postings, and general information are located here.

The last year has taught us the efficiency of virtual meetings. The District will utilize the following resources for meetings:

- Zoom
- Google Meet
- GoGuardian Conferencing

Student emails are also a source for communication between students and teachers. Some of our many resources are listed in the following links:

- [\*\*\*Approved Instructional Materials\*\*\*](#)



- [Course List](#)
- [Approved Mentor Text List](#)

Additional academic resources will include:

- Newsela in ELA, Science, Social Studies for CTMS
- EdPuzzle - Interactive video lessons
- FlipGrid - Video message boards
- SeeSaw - digital portfolio
- Literably - ELA benchmark assessment, K-5 delivered remotely option
- MobyMax - ELA & Math benchmarks as well as skill reinforcement with independent practice, all content areas
- i-Ready, ELA and math Benchmarks Grades K - 8
- Smart Music Software - CTMS music instruction
- Equatio - CTMS math equation editor
- KAMI - CTMS pdf editor
- BrainPop - content area videos
- Discovery Education Streaming Plus
- PBL Project - Problem Based Learning units
- IDE- My Q Portal - Problem Based Learning units, Hybrid learning tools
- Enchanted Learning
- Gizmos
- Accelerated Reader
- Reading A-Z, Raz Kids
- Screencastify (recorded lessons and videos)
- WeVideo
- PebbleGo
- All of the “G Suite” including add ons, such as Pear Deck

The District does employ a web filter and also uses GoGuardian, and GoGuardian Teacher, which allows our staff to monitor student Internet use in real time, and to message them during use. It also acts as a filter to screen out visits to inappropriate sites based on keywords. Notifications of such searches are sent to district administrators, who in turn, will notify families.

## ● **Transportation**

During the pandemic, special needs students were brought to the district for in person instruction. Transportation was provided through our bus service (ESC). Protocols for cleaning and sanitizing, as well as social distancing were followed. Should this need arise again, the district will consult with the DoH and follow any CDC guidelines regarding transportation.

**Patrick McGaheran School**  
**Full Day Schedule**  
**2023-2024**

Second Grade		First Grade		Kindergarten		Preschool-Half Day	
8:35-8:55	Arrival	8:35-8:55	Arrival	8:35-8:55	Arrival		
8:55-9:00	Homeroom	8:55-9:00	Homeroom	8:55-9:00	Homeroom	8:55-11:25	AM Session
9:00-9:15	Morning Meeting	9:00-9:30	Morning Meeting	9:00-9:25	Morning Meeting/ Math	12:45-3:15	PM Session
9:15-10:15	Math	9:30-10:00	Foundations	9:25-9:55	Special 1		
10:15-10:35	Extensions	10:00-10:30	Special 1	9:55-10:15	Foundations		
10:35-11:05	Special 1	10:30-11:20	Math	10:15-10:45	Read Aloud & Snack		
11:05-11:30	Foundations	11:20-11:50	Lunch-Gr 1	10:45-11:25	Reading		
11:30-12:10	Reading	11:50-12:20	Recess-Gr 1	11:25-12:05	Writing		
12:10-12:50	Writing	12:20-12:40	Extensions	12:05-12:35	Lunch-Gr K		
12:50-1:20	Lunch-Gr 2	12:40-1:20	Writing	12:35-1:05	Recess-Gr K		
1:20-1:50	Recess-Gr 2	1:25-1:55	Special 2	1:05-1:35	Math		
1:50-2:25	Science/SS	1:55-2:05	Read Aloud	1:35-1:55	Extensions		
2:25-2:35	Read Aloud	2:05-2:45	Reading	2:00-2:30	Special 2		
2:35-3:05	Special 2	2:45-3:15	Science/SS	2:30-3:00	Sci/SS		
3:05-3:15	Science/SS/ Read Aloud	3:15-3:35	Dismissal	3:00-3:15	Closing Circle		
3:15-3:35	Dismissal			3:15-3:35	Dismissal		

Round Valley Elementary School  
Full Day Schedule  
2023-2024

<b>Grade 3</b>  Barton Ciambrone Mooney Philips Rolak	<b>Grade 4 Team A</b> Homerooms of  Jordan Hill, K Yager	<b>Grade 4 Team B</b> Homerooms of  Murphy Topping Panos  (RR/ICS Schedule)	<b>Grade 5 Team A</b> Homerooms of  Black Friedel Johnson	<b>Grade 5 Team B</b> Homerooms of  McGregor Shea Major (Powell)
8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival	8:30-8:50 Arrival
8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting	8:50-9:10 Morning Meeting
9:10-10:05 Math	9:10-10:05 Math	9:10-11:10 ELA/SS	9:10-10:10 Unified Arts	9:10-10:10 Unified Arts
10:05-10:35 Science	10:05-10:35 Extensions		10:10-11:05 Math	10:10-12:15 ELA/SS
10:35-11:05 Extensions	10:35-11:10 Science		11:05-11:45 Science	
11:05-11:35 Lunch	11:10-11:40 ELA/SS	11:10-11:40 Extensions	11:45-12:15 Extensions	
11:35-1:30 ELA/SS	11:40-12:10 Lunch	11:40-12:10 Lunch	12:15-12:40 Lunch	12:15-12:40 Lunch
	12:10-12:30 Recess	12:10-12:30 Recess	12:40-1:00 Recess	12:40-1:00 Recess
	12:30-1:30 Unified Arts	12:30-1:30 Unified Arts	1:00-3:05 ELA/SS	1:00-1:55 Math
1:35-2:35 Unified Arts	1:30-3:00 ELA/SS	1:55-2:35 Science		
2:40-3:00 Recess		2:35-3:05 Extensions		
3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal	3:10-3:30 Dismissal

**Clinton Township Middle School  
Full Day Schedule 2022-23**

<b>Period</b>	<b>Time</b>	<b>Length</b>
Homeroom	7:55-8:04	9 Minutes
Period 1	8:06-8:56	50 Minutes
Period 2	8:58-9:48	50 Minutes
Period 3	9:50-10:40	50 Minutes
Period 4	10:42-11:32	50 Minutes
6th/7th East Lunch/Hawk	L: 11:34-12:04 H: 12:06-12:36	62 Minutes
8th/7th West Lunch/Hawk	H: 11:34-12:04 L: 12:06-12:36	62 Minutes
Period 5	12:38-1:28	50 Minutes
Period 6	1:30-2:20	50 Minutes

## Additional Resources & Contacts

### Primary Contacts

Area	Lead	Contact Information
Health, Guidance, & Special Services	Jen Paccione	<a href="mailto:jpaccione@ctsdnj.org">jpaccione@ctsdnj.org</a>
Safety	Mary Postma	<a href="mailto:mpostma@ctsdnj.org">mpostma@ctsdnj.org</a>
Curriculum	Carl Blanchard	<a href="mailto:cblanchard@ctsdnj.org">cblanchard@ctsdnj.org</a>
Technology	Matt Cirigliano	<a href="mailto:mcirig@dvrhs.k12.nj.us">mcirig@dvrhs.k12.nj.us</a>
Instruction, Data, Assessment	Joanne Filus	<a href="mailto:jfilus@ctsdnj.org">jfilus@ctsdnj.org</a>
Registration/Withdraw/HomeSchool	Carmella Shaw	<a href="mailto:cshaw@ctsdnj.org">cshaw@ctsdnj.org</a>
<b>Building Specific Information</b>		
PMG (PreK-2)	Melissa Goad	<a href="mailto:mgoad@ctsdnj.org">mgoad@ctsdnj.org</a>
RVS (3-5)	Mary Postma	<a href="mailto:mpostma@ctsdnj.org">mpostma@ctsdnj.org</a>
CTMS (6-8)	Luke Mason Christina Sanchez	<a href="mailto:lmason@ctsdnj.org">lmason@ctsdnj.org</a> <a href="mailto:csanchez@ctsdnj.org">csanchez@ctsdnj.org</a>

### Support Resources

#### School Counselors

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Carole Frey	<a href="mailto:cfrey@ctsdnj.org">cfrey@ctsdnj.org</a>
Christina Giordano	<a href="mailto:cgiordano@ctsdnj.org">cgiordano@ctsdnj.org</a>
Greg James	<a href="mailto:gjames@ctsdnj.org">gjames@ctsdnj.org</a>
Kerry Mueller	<a href="mailto:kmueller@ctsdnj.org">kmueller@ctsdnj.org</a>
Alex Ruttenberg	<a href="mailto:aruttenberg@ctsdnj.org">aruttenberg@ctsdnj.org</a>

#### Child Study Team Members

*Available during school hours for in-person talks; phone calls; texts; emails; video conferencing*

Kathy Collins	<a href="mailto:kcollins@ctsdnj.org">kcollins@ctsdnj.org</a>
Allison Lefebvre	<a href="mailto:alefebvre@ctsdnj.org">alefebvre@ctsdnj.org</a>

## Board of Education Office Directory 2023-24

Round Valley School  
128 Cokesbury Rd., Lebanon, NJ 08833  
Phone: 908.236.7235 Fax: 908.238.7645

Last Name	First Name	Position	Phone Number / Ext Cell Phone Number
<b>SUPERINTENDENT'S OFFICE</b>			
Stager	Melissa	Superintendent	Phone: 908-236-7235 x 519
<b>Business Administrator's Office</b>			
Dempsey	Gretchen	Business Administrator	Phone: 908-236-7235 x 515
Weiss	Cynthia	Payroll & Benefits Coordinator	Phone: 908-236-7235 x 522
Biondi	Jennifer	Human Resource Coordinator	Phone: 908-236-7235 x 512
Schultz	Shari	Accounts Payable Coordinator	Phone: 908-236-7235 x 511
Zabiega	Andrew	Assistant Business Administrator	Phone: 908-236-7235 x 514
Shaw	Carmella	Coordinator of Communication, Registration, Transportation and Substitute Placement	Phone: 908-236-7235 x 521
Trattner	Patricia	Executive Assistant to Superintendent	Phone: 908-236-7235 x 526
<b>Technology</b>			
Blanchard	Carl	Director of Curriculum, Learning & Grants	Phone: 908-236-6341 x 306
Filus	Joanne	Supervisor of Instruction Data and Assessment	Phone: 908-236-6341 x 315
Chaparro	Carlos	District Technology- Systems Manager	Phone: 908-236-7235 x 246
Fritsch	Kathy	District Technology- Data Manager	Phone: 908-236-7235 x 530
Soto Wolverton	Rebecca Ian	District Technology - District Technicians	Phone: 908-236-xxxx x
<b>Buildings and Grounds</b>			
Bolognini	Frank	Supervisor of Building & Grounds	Phone: 908-236-7235 x 524

## Out-of-District Supports (This is general information offered to the at-large community)

### **Professional Resources**

Hunterdon Behavioral Health (24-hours) Hunterdon Medical Center, Flemington, NJ (908) 788-6401 Mobile Crisis (24-hours) (908) 788-6400	Oldwick Associates Oldwick, NJ (908) 439-3456  Sharon Rausenberger Bloomsbury, NJ (908) 479-1113	Douglas Haymaker, PhD Stephanie Haymaker, PhD Bridgewater, NJ (908) 429-9300  Anne Picardo, LCSW Pottersville, NJ (908) 439-3340
Hunterdon Helpline (24-hours) 908-782-HELP (4357) 1-800-272-INFO (4630) <a href="http://www.hunterdonhelpline.org">www.hunterdonhelpline.org</a> Family Crisis Intervention Unit Flemington, NJ (908) 788-6401	Katharine Bergacs Flemington, NJ (908) 751-1208 <a href="http://www.myplaceforpeace.com">http://www.myplaceforpeace.com</a>  Dee Wright, MSW, LSW, LCADC Flemington, NJ (908) 328-4307	Jeffrey Harrison Nancy Hickey Harrison, PsyD Flemington, NJ (908) 788-4048  Michael Prezioso Clinton, NJ 08809 (908) 735-0097
SAFE in Hunterdon Flemington, NJ 908-788-7666 888-988-4033 (24-hour service) <a href="http://www.safeinhunterdon.org">www.safeinhunterdon.org</a>	Susan Blackwell-Nehlig, PsyD Flemington, NJ (908) 303-6298  Kit Riley, Ph.D., MSW Karen Steifel, CSW Martha McDougal, LCSW Flemington, NJ (908) 788-9401	Affiliates in Clinical Services Phillipsburg, NJ (908) 454-7244  Kimberly Leatherdale, LPC, ATR Somerset Area (908) 256-4479
Tri-County Resources (Warren, Hunterdon, and Somerset) <a href="http://www.TriCountyResourcesNet.org">www.TriCountyResourcesNet.org</a> Catholic Charities Barbara Rouskas Flemington, NJ (908) 782-7905	Lori Rayner-Grossi Clinton, NJ (908) 730-7608 (908) 246-2008	Carol Fischbach, LCSW Clinton, NJ (908) 638-6625
Carrie Genovisi Flemington, NJ (908) 616-1182	Stress Management Counseling Center Clinton, NJ (908) 235-8337 <a href="http://www.stressmgmtcounseling.com">www.stressmgmtcounseling.com</a>	Kristin Kuehner Ravo, LCSW Long Valley, NJ (908) 876-8764
Dr. Charwin Frenchtown, NJ (908) 507-8429		Janine Padula HOPE Counseling Services, Inc. Clinton, NJ (908) 735-5445 <a href="mailto:info@HopeCounselingServicesInc.com">info@HopeCounselingServicesInc.com</a> <a href="http://www.HopeCounselingServicesInc.com">www.HopeCounselingServicesInc.com</a>
GSAAP - Anxiety Disorders Clinic Piscataway, NJ (732) 445-5384	Karin Gruss, MSW, LCSW Clinton, NJ (908) 343-0073 (908) 364-5552	Nicci Spinazzola, Eds, LMFT, LPC, BCETS Trauma Specialist

Morristown, NJ  
(973) 292-0682 x 7  
(908) 253-3160 Bridgewater  
Office

Gina Kassel  
Bridgewater, NJ  
(908) 658-3167

Lauren Ordner, MS, LPC  
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(908) 210-3086  
LaurenOrdner@volitionwellness.com  
www.LaurenOrdnerLPC.com

Verna M. Hegstrom  
Clinton, NJ  
(908) 730-8138

**Aetna Resources**      <https://www.aetna.com/individuals-families/find-a-doctor.html>

**Self Care Resources**

Mindful Teachers

<http://www.mindfulteachers.org/p/self-care-resources.html>

American Psychological Association

<https://www.apa.org/pi/about/publications/caregivers/consumers/taking-care-you>

American Counseling Association Mental Health Resources

<https://www.counseling.org/knowledge-center/mental-health-resources/>